



National Nutrient Database for Standard Reference
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Statistics Report 14057, Alcoholic beverage, wine, dessert, sweet

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	70.51	9	0.442	68.12	72.09	8.0	69.486	71.525	1	Analytical data from the literature, partial documentation	--	11/2002
Energy	kcal	160	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Energy	kJ	671	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Protein	g	0.20	7	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Ash	g	0.30	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Carbohydrate, by difference	g	13.69	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Sugars, total	g	7.78	6	0.769	5.83	9.82	5.0	5.806	9.758	1	Analytical data from the literature, partial documentation	--	11/2002
Sucrose	g	0.05	3	0.050	0	0.15	2.0	-0.165	0.265	1	Analytical data from the literature, partial documentation	--	11/2002

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glucose (dextrose)	g	2.60	6	0.789	0.72	5.14	5.0	0.576	4.631	1	Analytical data from the literature, partial documentation	--	11/2002
Fructose	g	5.15	6	0.206	4.38	5.57	5.0	4.625	5.682	1	Analytical data from the literature, partial documentation	--	11/2002
Minerals													
Calcium, Ca	mg	8	26	0.801	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Iron, Fe	mg	0.24	32	0.033	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Magnesium, Mg	mg	9	19	0.752	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Phosphorus, P	mg	9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Potassium, K	mg	92	81	8.026	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Sodium, Na	mg	9	89	1.406	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Zinc, Zn	mg	0.07	55	0.011	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Copper, Cu	mg	0.045	74	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Manganese, Mn	mg	0.119	7	0.063	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Selenium, Se	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Thiamin	mg	0.018	33	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Riboflavin	mg	0.018	33	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Niacin	mg	0.213	33	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Pantothenic acid	mg	0.032	3	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-6	mg	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folate, total	µg	0	3	0.046	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	3	0.046	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2002
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Choline, total	mg	5.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Vitamin B-12	µg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2002
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) ¹	µg	0.0	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	11/2002
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

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18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Other													
Alcohol, ethyl	g	15.3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Flavonoids													
Anthocyanidins													
Petunidin ²	mg	6.6	--	0	6.63	6.63	--	--	--	--	--	--	--
Delphinidin ²	mg	3.9	--	0	3.9	3.9	--	--	--	--	--	--	--
Malvidin ²	mg	94.8	--	0	94.83	94.83	--	--	--	--	--	--	--
Peonidin ²	mg	3.9	--	0	3.93	3.93	--	--	--	--	--	--	--
Flavan-3-ols													
(+)-Catechin ²	mg	9.9	--	0	9.86	9.86	--	--	--	--	--	--	--
(-)-Epicatechin ²	mg	7.6	--	0	7.56	7.56	--	--	--	--	--	--	--
Flavonols													
Quercetin ²	mg	1.9	--	0	1.94	1.94	--	--	--	--	--	--	--

Sources of Data

¹G. Ferland, D. MacDonald, J.A. Sadowski **Development of a diet low in vitamin K (phylloquinone)**, 1992 J. American Dietetic Assoc 92 5 pp.593-597

²Pour Nikfardjam, M. S., Márk, L., Avar, P., Figler, M., and Ohmacht, R. **Polyphenols, anthocyanins, and trans-resveratrol in red wines from the Hungarian villainy region.**, 2006 Food Chemistry 98 pp.453-462